

PROTOCOL TO FOLLOW DURING COVID-19 PANDEMIC

1. Pre-screening for each person that comes into clinic, the day before your appointment done online and when you arrive at the clinic done in person.
2. I will take your temperature when you arrive, as an extra precaution
3. Hand sanitization station at front door and in massage room. Get clients to sanitize hands (with 70% alcohol) as soon as they walk in and before they leave. Before and after touching POS machine, iPad, Apple Pencil
4. I have displayed clear, visible signage at entrance and within the practice environment that outline the signs and symptoms of COVID-19, what to do if one is at risk, and how to limit transmission
5. Disinfect iPad and Apple Pencil after each client use
6. Thoroughly wash my hands (including forearms and elbows) with soap and water before and after each client. Hand rubbing if need to touch something during massage treatment.
7. I will wear gloves per client request.
8. In addition to routine procedures, high-touch surfaces will be cleaned and disinfected after each client with Health Canada approved products. High touch surfaces include: doorknobs, light switches, washrooms including toilet handles, counters, handrails, arm rests, and electronics.
9. The treatment room and its equipment will be cleaned and disinfected after each use
10. All items in the treatment room that cannot be cleaned and disinfected between clients have been removed.
11. Linens, blankets and pillows will be changed between clients, and washed and dried in the highest heat possible. Linens used by clients will be stored in a closed bag until they are washed.
12. Extra time between clients to clean, disinfect and sanitize work space
13. Only one chair in the waiting room, which will be clean and sanitized after each use
14. Mandatory use of a mask for myself and the client. I've instructed clients to come to the appointment wearing a clean disposable or reusable mask that can be worn throughout the treatment. I will provide mask for them if they don't have one. I will wear surgical grade mask the entire time the client is in the clinic plus a face-shield during the treatment .
15. Front door will be kept lock so no one can come in unannounced. Client will text to let me know they are here.
15. I will change into freshly laundered clothes after each clients.